

JMUES SST October 2022 Newsletter

JMUES Student Support Team News!

- The Student Support Team Wellness Lesson theme this month are on Resiliency, Conflict Resolution, and Bullying Prevention: 5th grade: “The Sponge and The Umbrella” 6th grade: Conflict or Bullying? We will reach out to PLT’s regarding additional small group Wellness learning opportunities for students- more info to come.
- 5th and 6th grade students have the opportunity for lunch groups with Mr. Young, Mr. Bigelow and Ms. Lanagan. Please email us if a student has requested a lunch group; students can also make a request via school email, by asking one of us, or by filling out a request. Also, please see a recent email from Mr. Bigelow about Recess Club on Fridays.



- JMUES will participate in this initiative by:
 - Whole Class Wellness Lessons
 - SST Bulletin Board Display
 - Whole School Bulletin Board Display
 - Wednesday October 19th National Unity Day: Staff and Students wear Orange. Unity Day promo Youtube clip: <https://youtu.be/8gKBQEQW5g>

Community Resources and News!

- Check out this parent/caregiver resource about how to help your child understand and talk about bullying: <https://www.pacer.org/bullying/parents/helping-your-child.asp>
- Merrimack Family Resource Guide: <https://www.sau26.org/Domain/976>

Teacher Resources!

- Web link with classroom resources for Unity Day and Bullying Prevention Month:

<https://www.pacer.org/bullying/nbpm/unity-day.asp>

- Other resources:

<https://www.stopbullying.gov/>

“Dare” by Erin Frankel is a great book for read-a-loud about being an upstander, not a bystander. This is a three-part series about bullying from three different perspectives: the bullying, the victim, and the bystander. Please email Ms. Lanagan to check on borrowing a copy.



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